

# NKF In Touch

Information from The National Kidney Federation – supporting kidney patients, their friends & family

Date: **June 2015** Issue: **Thirteen**

Welcome to the NKF In Touch newsletter for June 2015. Please forward any articles etc that you would like sharing via the next newsletter to Stephanie Scott [stephanie@kidney.org.uk](mailto:stephanie@kidney.org.uk) by 8<sup>th</sup> July.



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## Who NKF seeks to influence:

NHS England

NHSBT

Department of Health

Government Ministers

Welsh Government

Northern Ireland

Assembly

Scottish Executive

All Party Parliamentary



## NKF Conference 2015 – Living Life to the Full

**RENAL SERVICES**  
INDEPENDENT DIALYSIS



CENTRES

NKF are please to announce Renal Services are the sponsors of this years annual patients conference being held at The Hilton Reading Hotel 9<sup>th</sup> to 11<sup>th</sup> October 2015. Don't delay! Book today! A booking form and further information has been attached to this newsletter for your convenience and can be found in the recent edition of Kidney Life, please IGNORE the dress code stated there's really no need for tuxedos and cocktail dresses smart attire will do! Bookings can be taken over the phone 01909 544999 or online <http://www.kidney.org.uk/home/news-2/nkf-patients-conference-2015/>



## PART TIME ADVOCACY OFFICER – POST REF PTNW

Home based (travel required) - Area North West England  
Salary £10,567 per annum

An exciting opportunity has arisen to work as Regional Advocacy Officer for the North West of England. The National Kidney Federation (NKF) wishes to appoint an enthusiastic and ambitious individual who has excellent communication skills and the ability to work with peers, Trusts and health organisations throughout the area. The successful applicant will join our team of experienced Advocacy Officers. Full training will be provided. The position will be home based, but extensive travel may be required. Knowledge of the charity and kidney patient issues would be advantageous.

Applicants must be well versed in using Microsoft Office – Word, Excel and Outlook, be able to drive and own a suitable vehicle.

A full job description and person specification are available from our Headquarters at National Kidney Federation, The Point, Coach Road, Shireoaks, Worksop, Nottinghamshire, S81 8BW, or by email at [nkf@kidney.org.uk](mailto:nkf@kidney.org.uk). The position is subject to a DBS check being carried out prior to commencement.

Applications by CV with covering letter should be marked for the attention of Timothy F Statham OBE and sent to the address listed above, clearly marked 'Advocacy Application' with the post reference (PTNW) on the application

### Happy Snappers WANTED !!!!



Every time the NKF is involved in a fundraising activity, enormous good stems from the publicity these events attract - however we believe that this benefit could be even greater if photographs were taken on the day - handed to the NKF and used when the event is subsequently reported on or further publicised. To do this we need keen supporters who own a digital camera and have access to email. NKF wants a lot of these people so that the geographical spread across the UK is complete. Then, when an event is coming up, we would alert the relevant "happy snapper" and ask them to attend ( if they are willing and available) and take some pics. Once home we ask that those pics be emailed to us for use in the future.

Does this appeal to you - will you get in contact (Worksop HQ) 01909 544999 or [nkf@kidney.org.uk](mailto:nkf@kidney.org.uk) and let us know what area you could cover on our behalf please?



**North East and North Cumbria Kidney Patient and Family/Carer Day**  
Hosted by Northern Counties Kidney Research Fund & The Tyneside Kidney Patients Association



**IT'S ALL ABOUT YOU, your family & carers**

Please join us for an informal day which will focus on transplantation and patient/family/carers empowerment. All are welcome - Lunch and Refreshments provided

Saturday 15th August 2015 9:30am — 4:30pm

Darwin Suite, International Centre for Life, Times Square, Newcastle upon Tyne, NE1 4EP

Register your place online: <http://www.kidneyresearchuk.org/NENC-patient-carer-day>

(Or you can phone 0800 7832973 if you do not have on-line access)

For more information please contact: Vanessa Hardy (07789867368 evenings) or Claire Catherall (0191 2137661 Mon –Fri 8.30am – 4.30pm)



Actions Following Adverse Clinical Incidents in Transplantation – Online Survey.

Can you help us please? The University Hospitals Coventry & Warwickshire, U.K, in collaboration with Warwick Medical School, University of Warwick, U.K. is conducting a web based questionnaire study looking at actions taken following clinical adverse incidents in

transplantation, in different hospitals. We would appreciate your participation in this survey, which should take about 10 minutes.

The web link for the study, with details included, is <http://www2.warwick.ac.uk/fac/sci/eng/staff/igh/afacit>



Many thanks for considering participation in this study.



**Helpline – 0845 601 02 09**

**Skin Care in Renal Transplant Patients**

Now that the summer has finally arrived we all need to be careful in the sunshine. Helpline now have a newly reviewed leaflet called “Skin Care in Renal Transplant Patients”. This is available by contacting the Helpline telephone number: **0845 601 02 09.**

Visit the British Association of Dermatology website at [www.bad.org.uk](http://www.bad.org.uk)





## Advocacy Services

Nick Palmer presented a joint presentation with Fiona Loud of the BKPA at the 2015 ERA/EDTA Conference in London at the end of May on **'Patient feedback and satisfaction: the importance of patient involvement'**. In particular the talk highlighted the benefits of greater patient involvement including education, shared decision making, control, confidence, better outcomes & care, peer support; together with guideline, policy and research development. KPAs will especially understand the importance of working closely with their hospital Trust and the benefits that can follow.

The 11th July sees the NKF taking part in a health fair at the Neasden Hindu Temple in North London where we will be raising awareness and providing information for the Hindu community on CKD, Organ Donation and Transplantation in particular. The event will run from 10am – 5pm. The NKF will have a stand on the day and anyone wishing to provide assistance or wanting more information should contact Nick Palmer Tel: 0208 764 1069

### North East

NKF Advocacy will be manning an information stall at the forthcoming Townsfield Gala (off Thorne Road) in Doncaster. Taking place on 12th July from 12-5. The Gala is a fun filled community event for all the family. Admission is free and all proceeds from the Gala go directly to **Doncaster & Bassetlaw Kidney Association**. Yorkshire Ambulance Service and Tom Thorpe Marshall Arts are amongst those taking part in demonstrations of their work. Bring along the family and enjoy this afternoon of family fun.



### South West

*DAFB (Dialysis Away from Base)*. The local challenges in the South West, brought about by stringent budgetary constraints look as though opportunities for DAFB (Dialysis Away from Base), whether this be for business or leisure, is going to be harder to secure.



*Community Event* - The dialysis unit at Launceston, Cornwall, was primarily opened for patients taking holidays in the region, but staff here are keen to support local patients on a more permanent basis. To this end Renal Services UK, who run this unit, are holding a Community Open Day for kidney patients and carers at Lifton Farm Shop, Lifton, Devon, and all are invited – staff, patients and carers – to go along and meet the staff over a cup of tea or coffee. This is being held on 2<sup>nd</sup> July between 10.00am and 3.30pm. If you require further information or assistance with transport, please call 02075813139 or email [admin@renalservices.com](mailto:admin@renalservices.com) See you there!

*Patient transport for dialysis patients* is very much improved in the Devon region, and thanks go to Andy Pooley and his team at NSL Patient Transport Services in Exeter in bringing about positive change for patients. Patients in other parts of the West Country are not as fortunate, but work continues to try to improve services in these areas.



## NKF Fundraising



### London Marathon

We are looking for one person to represent the National Kidney Federation at next year's London marathon, as we only have one place we really want to make the most of this. If you or someone you know is interested in taking part please email Pete with why you would like to run, how much you hope to raise and how you intend to raise it – email [pete.revell@kidneykf.com](mailto:pete.revell@kidneykf.com)

### Thanks!!

Thank you to everyone who has taken part in events for the NKF in the past month – these events include *Trekfest*, *Sky dives*, *Windsor Half Marathon*, *Yorkshire walk*, *Way of the Roses* cycle ride and

*Tour De Dialysis 2015 Cycle Ride* which was two days of cycling across East Anglia visiting renal units along the way –Please follow the link to read a news article about the Tour De Dialysis

[162-miles-support-region/story-26681391-detail/story.html&ct=ga&cd=CAEYACoTNDYONtc2MTQ3ODg3MjYwMzE1NDIcNDgxYzAyMjkWNTA0YjVkJzpjby51azplbjpHQg&usg=AFQjCNFBInHJ4u09ct8zvc1x3fai7J8vOw](http://162-miles-support-region/story-26681391-detail/story.html&ct=ga&cd=CAEYACoTNDYONtc2MTQ3ODg3MjYwMzE1NDIcNDgxYzAyMjkWNTA0YjVkJzpjby51azplbjpHQg&usg=AFQjCNFBInHJ4u09ct8zvc1x3fai7J8vOw)

Tour de Dialysis team



### Good luck!



Good luck and thank you to all our supporters taking part in events this month to raise money for the NKF. Here is a selection

**Michelle Riddle** and **Michael Oliver** who are walking in the Grand Union Challenge  
**Emma Forsyth** who is doing a sky dive

**Daniel Murphy** is taking part in a cycling event - the Edinburgh night ride

**Hannah McIntosh** taking part in the Tough Mudder

## Donate to the NKF - via Payroll Giving Pay no Tax

Because the donation is taken from your gross pay, every pound you give will only cost you 80p, or only 60p if you are a higher rate tax payer.



You donate	£5.00	£7.50	£10.00
Cost to you as a 20% tax payer	£4.00	£6.00	£8.00
Cost to you as a 40% tax payer	£3.00	£4.50	£6.00
Cost to you as a 50% tax payer	£2.50	£3.75	£5.00

For more details please visit [www.kidney.org.uk/fundraising/donate-to-the-nkf/](http://www.kidney.org.uk/fundraising/donate-to-the-nkf/)

### Please take part

Would you like to take part in one of our many events or do you know someone who would. Please visit our web site where you will find a vast array of events from running, walking or parachuting [www.kidney.org.uk/fundraising](http://www.kidney.org.uk/fundraising)

[www.kidney.org.uk](http://www.kidney.org.uk)

**The NKF - the largest Kidney Patient charity in the UK**  
A federation of more than fifty patient charities, supporting kidney patients & carers

NKF (National Kidney Federation)  
The Point, Coach Road, Shireoaks, Worksop, Nottinghamshire, S81 8BW  
Charity No 1106735 Company No 5272349 Reg. in England & Wales Give as you earn contributions No CAF.GY511

