

NKF In Touch



Information from The National Kidney Federation – supporting kidney patients, their friends & family

Date: May 2016 Issue: Twenty Four

Welcome to the NKF In Touch newsletter for May 2016.
Please forward any articles etc that you would like sharing via the next newsletter to Stephanie Scott stephanie@kidney.org.uk by 9th June

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Who NKF seeks to influence:

NHS England

NHSBT

NICE

Department of Health

Government Ministers

Welsh Government

Northern Ireland Assembly

Scottish Government

All Party Parliamentary

Kidney Group

Trusts and Hospitals



Action Point

NKF Patients Conference – Hilton Blackpool Hotel 7th – 9th October 2016



The NKF conference is only 5 months away, and planning is well underway. We have a full comprehensive programme from patient speakers talking about their renal journeys, to NHSBT updating us on transplantation, to the Welsh opt out scheme.

Please find a booking form attached, we hope you will join us for a very informative weekend.

Please call the NKF office on 01909 544999 if you require any further information, or to make a booking over the telephone.

Further details can also be found in the next issue of Kidney Life, which shall be arriving through your door in the next couple of weeks.

Are you the person NKF needs?

NKF is seeking to identify a willing volunteer who has experience of identifying and approaching (in writing) suitable trusts and like organisations, to encourage them to fund the NKF activity as either a one off sponsorship or as an ongoing commitment. The post would be part of the NKF Fundraising department headed by Pete Revell but would work directly to and from the NKF HQ in Worksop. This is work that can be done from home – it requires detailed research using directories and resources the NKF would supply, then a considerable amount of letter writing, and application form filling. Any applicant for this post must possess a suitable computer, space for document filing and a telephone and email address.



If you feel that this is something that you might be willing to help the NKF with then please contact Tim Statham directly at tim.statham@btinternet.com – or write to me via the NKF HQ at Worksop.

Information

ALL PARTY PARLIAMENTARY KIDNEY GROUP

The All Party Parliamentary Kidney Group (APPKG) Annual General Meeting is to be held at 4pm on Monday 13th June 2016. This will be a formal meeting to re-elect the groups officers for a further year, and as such invitations are not being sent out beyond the 107 members of the group as it is expected the meeting will last a very short time. After the local elections and the EU referendum a full kidney programme will be put together for the coming year.

Tim Statham (APPKG Secretariat)



NHS hospitals in London including the Royal Free have signed a deal with Google's medical division to share up to 1.6 million NHS patient records, with Google saying it intends to use the data to develop a health app which can help recognise kidney injury

Ravenstor 2016 (SK17 8SS) - Young Adult Activity Weekend 16th - 17th - 18th September



If you are 18-30 yrs and have Chronic Kidney Disease, had a Transplant or are on Dialysis, you can come and enjoy an action packed weekend at Ravenstor Youth Hostel, an impressive house in the heart of the peak district,

- Meet other young adults from across the UK,
- Enjoy a wide range of indoor and outdoor activities and have lots of fun socialising - bookings are now being taken



Contact Mick or Tracey via young@nkf facebook page



In 2015 Michelle Triggs set up TODAN (Transplant and Organ Donation Awareness Network) – www.todan.org.uk. A launch event in late August 2015 was followed by Coffee Mornings, Awareness Days at Barclays Bank, Morrisons and Asda Supermarkets, and more. In March 2016, we had the opportunity to hold a

Coffee Morning which coincided with the upcoming World Kidney Day. With Mick Willcox and Helen McManus (Senior Nurse Organ Donation) in attendance from Queen Alexander Hospital in Portsmouth, the event succeeded in gaining new transplant doners, raising local awareness and seeing many people have an enjoyable time over coffee and truly delicious cakes. Michelle's son, Lewis, was in pole position at the counter distributing battenburg, black velvet sponges and, of course, the essential double chocolate cake, to the happy visitors.

With so many charities working round the clock to support the varied but essential help for people with life threatening illness and disability, it is especially good to be able to link together with our events as we did on 7th March.





British Renal Society

registered charity no. 1091024

UK Kidney Week 7th – 10th June 2016 ICC, Birmingham

There are many aspects of modern practice covered under the theme ‘Innovation for better care - improving kidney care through quality research and team working’ but the coverage is not limited to this with wide-ranging sessions.

There are high quality sessions ranging in Basic Science including a joint day with the British Society of Cell Biology, lots of sessions on quality improvement and from the registry including launch of the Kidney Quality Improvement Partnership.

There is CPD including ‘volume assessment and control’ and developing the role of allied health professionals as specialists in nephrology. There will be workshops for which delegates can register: Working towards a dementia friendly community: becoming a Dementia Friend.

There are keynote speakers, there are debates ...but having read more than 500 of them, we think that the presentations and posters will be highlights.

Here are just a few topics from the programme:

- Launch of K-QUIP
- UK Renal Research Strategy Implementation
- We know there’s variation, what is UKRR doing to reduce it?
- Improving care as part of the day job
- Regenerating the human kidney based upon an understanding of development
- Care for the Young Kidney Patient
- Pregnancy and Kidney Disease
- Health Literacy: Connecting Policy and Practice
- T cell exhaustion and outcome in autoimmune disease
- Strategies to improve the provision of haemodialysis access
- Prevention of dialysis-related infection: lessons from peritoneal dialysis

The meeting will begin with a Keynote lecture by Sir Muir Gray on ‘Innovation for better care’.

Full details can be found at ukkw.org.uk.

Any questions please email – ukkw@britishrenal.org.uk



New and expanded renal unit officially opened at Stafford's County Hospital

Renal physician Professor Gavin Russell and trust chairman John MacDonald officially opened the new unit on Wednesday 27th April.

Professor Russell said: "It is a great honour and a privilege to be invited to officially open the renal unit. Having seen the previous facilities the staff were providing care, it is very satisfying to see the efforts of the staff, trust leadership, construction team and all the support staff in creating this outstanding facility."

The £3.1m project is part of an investment of more than £250m made when hospital services in Stafford and Stoke-on-Trent were brought together by UHNM.

Dr Christopher Thompson, consultant in renal and intensive care medicine, said: "We had a waiting list for patients given the old unit was so small, and these patients previously had to travel long distances to access their treatment.

"This record investment in our service not only gives more patients access to services closer to home, it improves patient experience and allows clinicians the space to give the best possible care.

"These new clinical areas open up opportunities to allow patients to receive a broader range of treatments and access seminars to improve their knowledge and involvement in the care they need, now all closer to home for those in Stafford and surrounds."



NKF Helpline

NKF PATIENT INFORMATION LEAFLETS AND **YOUR** KPA



Some KPAs place orders for patient information leaflets on behalf of their local Renal Unit and pay for these for the benefit of local renal patients. If your KPA wishes to order any of the NKF leaflets for your local Renal Unit then, because our leaflets are printed in house, we can print the local contact details for your KPA and hospital into the individual leaflets if you wish and your group's logo can also be added to it.

Our leaflets are individually priced and order forms can be obtained by contacting the number below or on help2@kidney.org.uk

NKF Helpline 0845 601 02 09



NKF Fundraising

We value each and every one of our fundraisers. We are grateful to all who support NKF by donating, sponsoring, taking part in the draw, buying merchandise, holding an event, taking part in an event. Fundraising for NKF isn't only about raising funds it's about raising awareness to kidney health – THANKS to you all.

CONGRATULATIONS! NKF Spring Draw WINNERS!

Thank you to everyone who has taken part in our Spring Draw



The winners of the draw are as follows:

1st Prize - £1,500 – Jim Bellingall – Ticket number 234929

2nd Prize – A weekend for 2 at NKF Conference – M Elder – Ticket number 321138

20 Prizes of £25:

S Jeffery – Ticket number 196238

Hawkins – Ticket number 322581

Frederick – Ticket number 320353

L Bird – Ticket number 015136

Jean Moore – Ticket number 333111

Mr F Rudd – Ticket number 340912

J King – Ticket number 142080

R Walster – Ticket number 265537

Radford – Ticket number 325356

Mr J Atkinson – Ticket number 258585

A Allan – Ticket number 157518

N Patel – Ticket number 024082

Mrs C Bertram – Ticket number 216139

Kate Powell – Ticket number 285487

Mrs J Mitchell – Ticket number 299246

B Wiltshire – Ticket number 101767

Mrs J Osbourne – Ticket number 107966

Mr C Warham – Ticket number 294340

Mr R Spooner – Ticket number 205758

Mrs Bacon – Ticket number 152881

Congratulations if you are a winner.

The 1st and 2nd prize winners have been notified by telephone.

The 20 winners of £25 will receive a cheque through the post shortly.



Congratulations to Claude Vella who not only ran the London marathon for the NKF, completing it in 4hrs 42mins - 5 minutes faster than last year, his 2nd son was born the following night, so perfect timing by them both!



Best foot forward for kidney patients – A date for your diary

Best foot forward for kidney patients Sponsored Walk



11.00am on Sunday September 4th 2016

Walk for kidney patients

In your local park, around your local hospital or just down the street.
However you do it, put your best foot forward for kidney patients

Sponsor forms from 01263 722287 or email pete.revell@kidneynkf.com



On Sunday September 4th the NKF would like you to put your best foot forward for kidney patients and take part in a sponsored walk. It does not have to be miles and miles, it could be around your local hospital, round the park or even down the street. If you cannot take part, please encourage your family and friends to walk for kidney patients.

Sponsor forms are available from pete.revell@kidneynkf.com or call the fundraising office on 01263 722287
However you do it – do it for kidney patients!



NKF Ribbons



Thank you to everyone who has asked for the NKF ribbons. For those who are not aware of this – The NKF have a campaign called **Have your kidneys been checked**, the general public are not mindful of kidney disease and it is always difficult to change this.

The NKF have decided to make some charity ribbons that are slightly different from others in hope that people will ask about them – giving the wearer the opportunity to explain and to ask people to have their kidneys checked by the doctor.

As you will see these ribbons are chequered and quite eye catching (see photo), they have information about kidney health with each ribbon and sell for £2 each including postage.

You can order yours from our web shop...

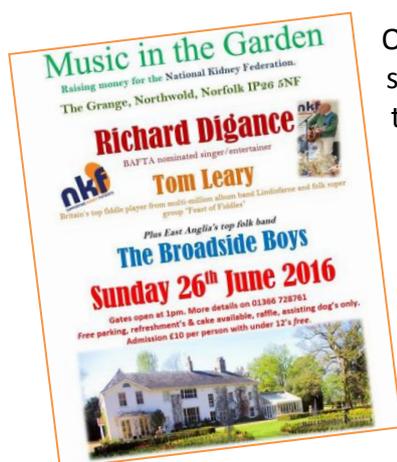
<http://store.kidney.org.uk/index.php>

or call 01909 544999 If you are from a KPA we can offer a sale and return offer, please contact Pete on 01263 722287 or email pete.revell@kidneynkf.com



Emma Jones acting manager in Hereford Dialysis Unit (Diaverum) launching NKF ribbons with patient Jean Bartlett

Music in the Garden



On Sunday June 26th the gardens of one of our supporters will be open to the public, The Grange is in the small Norfolk village of Northwold near Thetford (IP26 5NF) the afternoon is packed full of music – Bafta nomination singer entertainer Richard Digance will be live on stage along with Britain's top fiddle player Tom Leary who is a member of the band Lindisfarne plus the top folk band The Broadside Boys will also be entertaining. Admission is £10 with all money going to the NKF.





James Turnbull and Katy Vizzard are almost halfway through a 'Crazy year of fundraising' for NKF (their words not ours!) in

memory of their father Peter Turnbull and have so far raised more than £2631!



Thank you and well done to Tracey Perry and Lisa Day who ran in the Birmingham 10k for the NKF.

If you or your family would like to take part in an event for the NKF please contact our fundraising office on 01263 722287 or email pete.revell@kidneynkf.com where you will get full support – we also have an A to Z of fundraising ideas on our web site www.kidney.org.uk/fundraising/donate-to-the-nkf/sponsored-events/organise-an-event

www.kidney.org.uk

The NKF - the largest Kidney Patient charity in the UK
A federation of more than fifty patient charities, supporting kidney patients & carers

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Charity No 1106735 Company No 5272349 Reg. in England & Wales Give as you earn contributions No CAF.GY511

